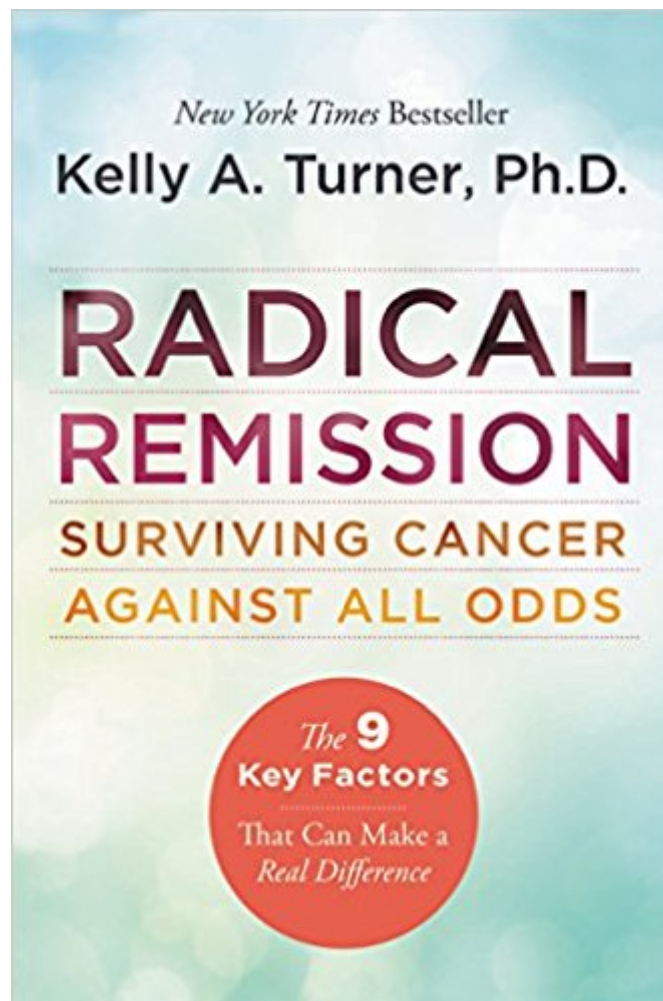




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# Radical Remission: Surviving Cancer Against All Odds



## Synopsis

In her *New York Times* bestseller, *Radical Remission: Surviving Cancer Against All Odds*, Dr. Kelly A. Turner, founder of the Radical Remission Project, uncovers nine factors that can lead to a spontaneous remission from cancer—even after conventional medicine has failed. While getting her Ph.D. at the University of California, Berkley, Dr. Turner, a researcher, lecturer, and counselor in integrative oncology, was shocked to discover that no one was studying episodes of radical (or unexpected) remission—when people recover against all odds without the help of conventional medicine, or after conventional medicine has failed. She was so fascinated by this kind of remission that she embarked on a ten month trip around the world, traveling to ten different countries to interview fifty holistic healers and twenty radical remission cancer survivors about their healing practices and techniques. Her research continued by interviewing over 100 Radical Remission survivors and studying over 1000 of these cases. Her evidence presents nine common themes that she believes may help even terminal patients turn their lives around.

## Book Information

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## Customer Reviews

An important book for all cancer patients. *Radical Remission* is filled with hope, science and possibilities. (Kris Carr, *New York Times* bestselling author) Never before has anyone with Dr. Turner's credentials dared to research the million dollar question: why do some patients get better from seemingly incurable illnesses? Dr. Turner has uncovered the holy grail those who want to optimize their chances for cure have been seeking. Bravo, Dr. Turner! (Lissa Rankin, MD,

New York Times bestselling author of *Mind Over Medicine* & host of the National Public Television special *Heal Yourself: Mind Over Medicine*) This book is filled with important information for everyone, whether struggling with cancer or not. She is giving the world a gift at such an important time as so many are feeling like they can't take their lives into their own hands. Kelly empowers us all to do exactly that. (Colleen Saidman, cofounder and codirector of Yoga Shanti) Kelly Turner delivers the message people addressing cancer -- or seeking to prevent it -- need to hear. Turner's book gives you the support you need -- from science, tradition, and common sense -- to make powerful lifestyle changes that will tip the scales in your favor. (Pamela Miles) Radical Remission is a treasure trove of BIG TRUTH about the incredible healing power available to each and every one of us! • (Christiane Northrup, M.D., ob/gyn physician and author of the ,New York Times bestsellers *Women's Bodies*, *Women's Wisdom* and *The Wisdom of Menopause*) Radical Remission shows how we can shift the odds of remission in our favor. What I like most about this book is balance. Turner does not ask anyone to abandon conventional therapy, but instructs us on how to add healing factors that are often overlooked. • (Larry Dossey, MD, author of *One Mind: How Our Individual Mind Is Part of a Greater Consciousness and Why It Matters*) Radical Remission is a personal and deeply moving exploration of the power of the human spirit and innate wisdom of the body to overcome catastrophic illness. Persons with cancer and their families and friends will find it especially helpful. (Andrew Weil, M.D.) Kelly Turner is studying phenomena that is the very research and story sharing that will step us forward into solving the cancer plague. Kelly Turner writes as an accomplished scientist and as a compassionate human being to inspire us to question deeply the roots of our illnesses. (Rodney Yee, author of *Moving Toward Balance*)

Discover the nine keys that can unlock your pathway to dramatic healing. Kelly Turner, Ph.D., a researcher and psychotherapist who specializes in integrative oncology, gives the reader the results of her research on over a thousand cases of Radical Remission "people who have defied a serious or even terminal cancer diagnosis with a complete reversal of the disease. The results of this study, which focused on seventy-five factors, include astounding insights of the nine key factors that Dr. Turner found among nearly every Radical Remission survivor she has studied and an explanation of how the reader can put these practices to work in his or her own life. Every chapter of *Radical Remission* includes dramatic stories of survivors' journeys back to wellness. The realization that the possibilities for healing are more abundant than we had previously known gives people concrete ways to defy the overwhelming prognosis of terminal cancer. This is a book for those who

are in the midst of receiving conventional cancer treatment, who are looking for other options because that treatment has done all that it can, or who seemingly have no options left but still feel that the future holds the possibility of hope. Kelly Turner's Radical Remission shows that it is possible to triumph over cancer, even in situations that seem hopeless. Encompassing diet, stress, emotions, spirituality, and other factors that profoundly affect our health and well-being, Turner's discussion of how our choices can cause the seemingly miraculous to happen will open your eyes to what is possible when it comes to lasting healing. --This text refers to the Audio CD edition.

As the author of the book "The Doctor Who Cures Cancer," I believe "Radical Remissions is a big step forward towards creating critical mass. Turner points out in her book that not one doctor she asked who had personally witnessed a Radical Remission had tried to publish the case as a classic case study. She also points out that there are over 1,000 reports of "spontaneous remissions" that have been reported in the medical literature, but that they weren't being pursued by researchers as to the commonalities among them. Turner has done that! She asked the right questions, "Why did each of these people experience a spontaneous remission? What it spontaneous or was it something they did?" She found out that their remissions were due to something they did. Turner also highlights how it is by focusing on the anomalies that new discoveries are made. Whether it be Dr. Revici's discoveries, the discovery of penicillin, etc, it is almost always in the exceptional case where the discovery is made. The book then goes forth to expand on the 9 biggest commonalities that she uncovered so that cancer patients can try them for themselves. Turner continues to collect more cases to help verify her findings. In her book, she calls her findings a hypothesis. She wants to see more attention devoted to her data to confirm and expand her findings. We can be sure that the cancer industry will close ranks and not follow through on Turner's goal just as they have for the past 100 years. But the book and her continued mission is a GIGANTIC step towards greater awareness about the real ways to cure cancer.

A friend learned about this book from another friend who overcame cancer. Dr. Turner documents healing practices by people who augmented the mandates of Western protocols for cancer treatment. Each chapter highlights a personalized healing practice that lead to survival of cancer. Taking a global perspective along with literature review, Dr. Turner offers examples of lifestyle changes that make a difference. Chapter 8 "Deepening your spiritual connection" rounds out the life style dimensions that require attention when illness strikes (or doesn't strike, for that matter). This

book could just as well be called "recipes for wellness". One of many resources, open to all, is a "pubmed" web page by the National Institutes of Health, allowing access to research journals; this can be used to explore any wellness or illness condition. Most important, following intuition, and having a strong reason for living, round out qualities found in cancer survivors.

I'm a very healthy and holistic-health-conscious person, age 69, with lots of friends who suffer from a multitude of dis-eases, including cancer. I lost a beloved sister to metastatic breast cancer at age 59, and reading this book confirmed my intuitive sense of why she did not achieve a Radical Remission. So I initially read this book in order to be able to recommend a proactive strategy for healing, to my friends who are experiencing cancer or various other debilitating, potentially fatal diseases. It didn't disappoint - I found it well documented and engagingly, clearly written, without any over-simplification of the complexities of the research, of cancer, or of individual human lives. The author shows profound respect and consideration for the reader's beliefs and circumstances, describing her research and inviting the reader to simply consider the results, without trying to coerce anybody into believing anything. It's a very integrative approach which avoids pitting conventional cancer treatments against other forms of treatment. Like any good research and journalism, it presents the evidence and lets readers draw our own conclusions. I also found it affirming of the approach to diet, lifestyle, spirituality and health care that I've gradually come to over the years, after starting life on the SAD (Standard American Diet - which in the 1950s wasn't nearly as toxic as it is today). I also learned a lot that will continue to guide my choices in my coming years, to optimise my vitality and prevent disease, and to heal if I should encounter a major health challenge. For me, this book confirms that the formula for living a vibrant, sustainable, optimal human life is also the best prescription for avoiding illness. I recommend it without reservation to all my friends, those with health challenges and everyone else. My deepest gratitude goes to the author, for her commitment to tell these enheartening stories and to continue documenting such cases through her website, which is listed at the end of the book.

I am the wife of a cancer patient, newly diagnosed, we will beat this. It makes me so happy to read this book especially why the birds sing before sunrise. loved the whole book and was not able to put it down. From Minnesota Land of lakes and cold thanks for writing this book.

The first two chapters of this book are very helpful. But as the book progresses further, Ms. Turner goes all "California" on the reader and becomes a little wacky in what she chooses to write about.

I'm sure her heart is in the right place. I was given the book by a loving child but would likely have bought and read it anyway. Her advice to get the book on Nutrition for Cancer (or similar name) by Patrick Quillian was truly rewarding. Just knowing that so many cancer sufferers have survived is what patients most need to hear. I gave a copy to a relative so she could read the first two chapters, too!

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